

SCHOOL YEAR: \_\_\_\_\_ - \_\_\_\_\_

**Diabetes Medical Management Plan: Children's Healthcare of Atlanta, Endocrinology**

1400 Tullie Road, Atlanta, GA 30303 | 404-785-5437 | [cpgdiabetes@choa.org](mailto:cpgdiabetes@choa.org)

Child Name: @name@		Date of Birth: @DOB@
Parent Name:	Phone:	Email:
Parent Name:	Phone:	Email:

**ROUTINE BLOOD SUGAR MANAGEMENT / INSULIN ADMINISTRATION**

<b>Blood Sugar Monitoring:</b>	<b>When:</b> <input checked="" type="checkbox"/> Before Meals <input checked="" type="checkbox"/> Before Dismissal <input checked="" type="checkbox"/> When Symptomatic <b>How:</b> <input checked="" type="checkbox"/> Glucometer <input checked="" type="checkbox"/> Continuous Glucose Monitor
<b>Rapid Acting Insulin:</b>	<b>Type:</b> <input checked="" type="checkbox"/> Humalog <input type="checkbox"/> Novolog <input checked="" type="checkbox"/> Admelog <input type="checkbox"/> Fiasp <input type="checkbox"/> Apidra <input type="checkbox"/> Other: _____ <b>Delivery:</b> <input checked="" type="checkbox"/> Insulin Pen or Vial & Syringe <input type="checkbox"/> Insulin Pump
<b>Carbohydrate Coverage:</b>	<input checked="" type="checkbox"/> <b>Breakfast:</b> Give 1 unit for every *** grams of carbohydrate <input checked="" type="checkbox"/> <b>Lunch:</b> Give 1 unit for every *** grams of carbohydrate <input checked="" type="checkbox"/> <b>Snack:</b> Give 1 unit for every *** grams of carbohydrate
<b>Additional Mealtime Considerations:</b>	<input checked="" type="checkbox"/> For <b>pre-meal hyperglycemia</b> (>150), give additional insulin for correction dose: (BG -100)/ *** <input checked="" type="checkbox"/> For <b>pre-meal hypoglycemia</b> (<70), see "Management of Hypoglycemia" for treatment <b>prior to</b> meal. Once BG >70, give carbohydrate coverage as ordered above.

**MANAGEMENT OF HYPERGLYCEMIA**

<b>For blood sugar &gt; 300 or &gt; 250 if on insulin pump for 2 hours (outside of mealtime)</b>	<input checked="" type="checkbox"/> Please check ketones and notify parent if ketones are present <input checked="" type="checkbox"/> Child should be allowed to stay in school or physical activity unless vomiting or moderate/large ketones present <input checked="" type="checkbox"/> Allow sugar-free fluids and bathroom privileges <input type="checkbox"/> If 2 hours since last insulin dose, please give HALF correction (see "hyperglycemia" in insulin administration portion above) <input checked="" type="checkbox"/> If 4 hours since last insulin dose, please give FULL correction (see "hyperglycemia" in insulin administration portion above)
--	---

**MANAGEMENT OF HYPOGLYCEMIA**

<b>Mild Low Blood Sugar (&lt; 70)</b>	<input checked="" type="checkbox"/> Give 15 grams of fast acting carbohydrate; recheck in 15 minutes <input checked="" type="checkbox"/> If blood sugar remains < 70, retreat and recheck in 15 minutes <input checked="" type="checkbox"/> Notify parent if hypoglycemia does not resolve and continue to treat until parent arrives or care is escalated by parent; do not leave child alone <input checked="" type="checkbox"/> If CGM alarms low after 15 minutes, repeat check on glucometer
<b>SEVERE Low Blood Sugar (Loss of consciousness or seizure)</b>	<input checked="" type="checkbox"/> Administer Glucagon: *** mg. <input type="checkbox"/> IM <input type="checkbox"/> SC <input type="checkbox"/> Nasal <input checked="" type="checkbox"/> Call 911. Open airway. Turn to side. <input checked="" type="checkbox"/> Notify parent <input type="checkbox"/> Stop/Suspend/Disconnect insulin pump (send with EMS to hospital)

**MANAGEMENT OF PHYSICAL ACTIVITY**

<b>Before Activity:</b>	<input checked="" type="checkbox"/> Check blood sugar. <input checked="" type="checkbox"/> If blood sugar <70, follow Management of Hypoglycemia Guidelines <input checked="" type="checkbox"/> If blood sugar >300, follow Management of Hyperglycemia Guidelines <input checked="" type="checkbox"/> Have fast acting carbohydrates and monitoring supplies available <input type="checkbox"/> For pump: may suspend for 1 hour or decrease basal by ____ %
-------------------------	---

**TRAINED PROFESSIONAL SUPPORT / STUDENT INVOLVEMENT / PARENT AUTHORIZATION**

<b>Trained Professional Support (School Nurse or Trained Diabetes Personnel):</b>	<input checked="" type="checkbox"/> Monitor blood glucose readings (meter or CGM) and respond as outlined in hypo/hyperglycemia sections above <input checked="" type="checkbox"/> Calculate and give / supervise insulin administrations via injection or insulin pump as indicated in DMMP <input checked="" type="checkbox"/> Administer Glucagon when needed <input checked="" type="checkbox"/> Monitor for blood or urine ketones <input checked="" type="checkbox"/> Manage or assist with diabetes technology – pumps or CGM
<b>Student Involvement:</b>	<input type="checkbox"/> Monitor blood glucose: <input type="checkbox"/> in clinic office <input type="checkbox"/> in classroom <input type="checkbox"/> anywhere <input type="checkbox"/> Calculate & give insulin injections: <input type="checkbox"/> with supervision <input type="checkbox"/> independently <input type="checkbox"/> Monitor for blood or urine ketones <input type="checkbox"/> Treat hypoglycemia <input type="checkbox"/> Carry supplies for: <input type="checkbox"/> blood sugar monitoring <input type="checkbox"/> insulin administration <input type="checkbox"/> Manage technology: <input type="checkbox"/> CGM <input type="checkbox"/> Pump <input checked="" type="checkbox"/> Cell phone is used as a medical device
<b>Parent Authorization:</b>	<input checked="" type="checkbox"/> To increase or decrease insulin dosing +/- 15 grams of carbohydrate or *** units of insulin

PROVIDER SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

CDE: \_\_\_\_\_ DATE: \_\_\_\_\_

CDE: \_\_\_\_\_ DATE: \_\_\_\_\_

SCHOOL YEAR: \_\_\_\_\_ - \_\_\_\_\_

Certified Diabetes Educator (CDE) signatures and alterations made above are in accordance with Children's Healthcare of Atlanta caregiver initiated protocol 7.97, CDE Insulin Management and under the supervision of provider care. Any changes outside this caregiver-initiated protocol or more than two changes in a school year must be re-signed by a provider for approval. Annually, providers review and sign plans at the start of school year.

I, (Parent/Guardian) \_\_\_\_\_ Understand that all treatments and procedures may be performed by the student and/or Trained Diabetes Personnel within the school, or by EMS in the event of loss of consciousness or seizure. I also understand that the school is not responsible for damage, loss of equipment, or expenses utilized in these treatments and procedures. I give permission for school personnel to contact my child's diabetes provider for guidance and recommendations. I have reviewed this information form and agree with the indicated information. This document serves as the Diabetes Medical Management Plan as specified by Georgia state law.

PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_ TIME: \_\_\_\_\_

SCHOOL NURSE SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_ TIME: \_\_\_\_\_